

## **ORGANIZED PRACTICE RULES FOR ADVMX**

- 1) We will always have organized practice on the Pro track for Saturday and Sunday practices.**
- 2) The organized practices are for small bikes including trail bikes and beginner riders. Quads of any size or shape are not permitted to ride the pro track under any circumstance.**
- 3) There will be 3 organized 20 minute practices. The first will be at 11:00 with subsequent practices at 12:30 and 2:15.**
- 4) You are not permitted to ride the pro track during big bike practice if you ride the jr practice. You have to choose and if you are not a fast enough rider we will help assist you to the correct practice times.**
- 5) Attention 50cc Dads and Dads of slower riders who you think are faster than they are. These kids are absolutely not allowed to ride the pro track during big bike practice. They absolutely have to ride during organized practice. Remember it is always safety first. Most of the smaller kids who we catch riding the big track when they are not supposed to are too afraid or embarrassed to tell their parents they are actually afraid. I have asked many of these kids and this is the information they tell me.**
- 6) I thank you in advance for respecting these rules and contributing responsibly to the safety of all the riders including your own.**